

ASOCIACIÓN DE SALUD INTEGRAL (ASI)

Clínica Familiar Luis Ángel García (CFLAG)
Guatemala City, Guatemala

Daniel Rounds
Class of 2017

Description of Internship

- Responsible for carrying out an independent research project at the clinic.
 - Stigma and discrimination associated with HIV/AIDS.
 - Presented findings and wrote a report for the clinic.
- Rotated and shadowed in the various departments of the clinic.
 - Psychiatry, social work, laboratory, patient consults.
- Attended patient support meetings and visited the local general hospital.

Clínica Familiar Luis Ángel García



Rewarding Aspects of Internship

- Ability to interview patients and become aware of their circumstances living with HIV/AIDS in Guatemala.
- Being a listening ear to the patients and allowing them to speak openly about their struggles and challenges.
- Gaining a better appreciation for the integrative model of health care as it specifically relates to HIV/AIDS.
- Forming meaningful friendships with the health care professionals in the clinic.

Co-workers at the Clinic



Impact on Organization

- Used ethnicity as main variable to explore impact of stigma and discrimination.
 - Maya/Indigenous vs. Ladino/Mestizo.
 - Produced a couple of statistically significant results stratified by ethnicity.
 - Distinction that isn't explored in current literature.
- Created a fuller picture of challenges in Guatemalan society facing HIV/AIDS patients who receive care at the clinic.

Patient Interviews



Impact on Career Plans

- Affirmed desire to pursue medicine after graduation.
- Improved Spanish language skills in a clinical setting.
- Exposure to medicine with underserved populations, a field in which I hope to work in the future.

Reflection

- Overall, the internship was an extremely rewarding experience both professionally and personally.
- Received a significant amount of support from the clinic and learned a great deal about the research process.
- Personal growth gained through living in a distinct culture with a local family.
- Ability to travel a great deal and truly get to know the country and its people.

Travels

